

# RULES AND REGULATIONS GOVERNING THE OPEN DIVISIONS

## I. CREATIVE FORMS (INCLUDES WUSHU FORMS)

- Creative Form:
  - Creative Forms are defined as an event involving an individual performing a pre-arranged series of empty-handed or kicking movements. Competitors may use any type of gymnastic, acrobatic, splits or other freestyle type movements.
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- Creative Form with Music:
  - Creative Forms are defined as an event involving an individual performing a pre-arranged series of empty-handed or kicking movements that may involve the use of music. Competitors may use any type of gymnastic, acrobatic, splits or other freestyle type movements.
  - Competitors must bring their own appropriate music.
  - Competitors must bring their own music player.
  - **LMAOPEN Staff reserves the right to disallow any music that may involve the use of profanity, violence or any inappropriate words or suggestion. Any such material will result in immediate disqualification from event and tournament.**

## II. CREATIVE WEAPONS FORMS

- Weapons Form:
  - Creative Weapon divisions are defined as an event involving an individual performing a pre-arranged series of movements that include the use of a clearly identified weapon. All movements & gymnastics are allowed. Judging based equally on Creativity and Manipulation of the Weapon.
- Creative Weapons Form with Music:
  - Creative Weapon divisions are defined as an event involving an individual performing a pre-arranged series of movements that include the use of a clearly identified weapon. All movements & gymnastics are allowed. Judging based equally on Creativity and Manipulation of the Weapon with music.
  - Competitors must bring their own appropriate music.
  - Competitors must bring their own music player.
  - **LMAOPEN Staff reserves the right to disallow any music that may involve the use of profanity, violence or any inappropriate words or suggestion. Any such material will result in immediate disqualification from event and tournament.**

### III. KOBUDO

- Traditional Kobudo:

- LMAOPEN Staff reserves the right to check weapons and disqualify equipment or weapon deemed unsafe or inappropriate for competition.
- The Divisions & Rules for Kobudo are the same as the Kata.
- Weapon must be Traditional in construction
- Weapon may not touch the floor. No music or gymnastics are allowed
- Acceptable Weapons (Please download USANKF Rules)
- Coordinator reserves the right to move any athletes using non-conforming Weapons or more Creative movements into a different division even if they are considered traditional to the style of martial art being shown.

*Coordinator reserves the right to add or eliminate divisions.*

*Competitors are required to wear their appropriate belt or sash to signify their proper rank.*

*Uniforms must be clean & un-torn.*